

Ownership

Accept

Responsibility

Enables

Empowers

A Growth mindset

- You to embrace challenges
- You to persist in the face of setbacks
- You to See effort as a path to mastery
- You to Learn from criticism
- You to Find lessons and inspiration in the success of others

BE YOUR BEST - ABOVE THE LINE BEHAVIOUR

Blame

Excuses

Denial

Disenables

Disempowers

A Fixed mindset

- You to avoid challenges
- You to give up easily
- You to see effort as fruitless or worse
- You to ignore useful negative feedback
- You to feel threatened by the success of others